



WORLD WIDE RIVER EXPEDITIONS

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PACKING FOR YOUR RIVER TRIP

PERSONAL ITEMS

Toothbrush	Small Packs of Tissue	Comb/brush
Toothpaste	Bar of Soap (Ivory floats)	Small Towel
Toiletries		

CLOTHES

Windbreaker	Swimsuit	1 Pair Shoes for Rafting
1 Pair Long Pants	1 Short Sleeve Shirt	1 Pair Shoes for Camp
Socks	Hat (with strap)	Underwear
1 Pair Shorts	1 Light-weight Long-sleeved Shirt	

CAMPING GEAR

Sleeping Bag
Air Mattress or Pad
Tent (because when you need it, you really need it)
Ground Cloth
Poncho

DON'T LEAVE HOME WITHOUT

Sunscreen (SPF 15 is the best)	Lip Balm
Insect Repellant	Sunglasses (with head strap)
Flashlight	